



**One Tree  
Many Branches**  
**TransTraditional Reiki™**  
*Classic & Contemporary Methods*

## Reiki II

Reiki II	
An Overview of Usui Shiki Reiki Ryoho	
Introduction.....	9
Usui Shiki Ryoho - Reiki from Kyoto to Hilo.....	11
Rei and Ki .....	13
The Four Aspects of Classical Reiki.....	14
Classical Form Defining Elements .....	15
The History of Reiki.....	16
Lineage .....	18
Reiki Precepts and Principles.....	19
Attunements.....	20
Channeling Reiki .....	23
Reiki Facts, Assertions & Assumptions .....	25
Intention & Attention.....	28
Who, What & When .....	29
Ethical Considerations .....	30
How does one learn Reiki .....	31
The Three Degrees of Reiki .....	32
Modern Inclusions .....	33
<i>Generational Changes, Twenty-One Day Clearing</i>	
Reiki II Symbols .....	35
Basic guidelines, principles and methods of empowering symbols .....	36
Usui Symbols	
Cho Ku Ray.....	41
Say Hey Key .....	49
Hon Sha Za Sho Nen.....	65
Additional techniques.....	85

Tera Mai Reiki Symbols	
Zonar.....	91
Harth.....	94
Mara.....	97
Integrated symbols and techniques.....	89
Antahkarana.....	111
Fire Dragon.....	103
Haji Mari Mas.....	109
Hosanna.....	100
Johre.....	104
Lon Say.....	110
Motor-Zanon.....	105
Planetary Healing and Enlightenment.....	102
Ran Sei.....	110
Ren Nyu.....	108
Sati.....	99
Shanti.....	98
Tam A Ra Sha.....	109