



Reiki III - Master Technique Workshop

Transtraditional Reiki™ Level III — Classic, Wholistic & Emerging Methods

Facilitator: Tsy Schupack

Syllabus & General Information

The training consists of fifteen (15) contact hours.

Friday evening - 6:30 - 9:00 pm Saturday and Sunday - 10:00 am - 5:00 pm

Objective

Building on Reiki I & Reiki II trainings, this workshop continues to increase the individual's knowledge of energywork utilizing Reiki and provides the fundamental information and techniques to attune others to Reiki. This workshop includes the Reiki III/Master attunement and the essential technique information necessary to teach and attune each of the three levels of Reiki.

Friday Evening

Clearing, centering and harmonizing as a group

Introductions

Participant clearings - table work

Attunement elements (centering and clearing, space preparation, guided meditation, calling in guidance, attunement, closing, sharing)

Saturday Morning

Settle in/Housekeeping

Homework discussion

Reiki III/Master attunement

Saturday Afternoon

Attunement preparation - breath and energy exercises

Introduction and practice of Reiki I attunement

Walk through of Reiki I class agenda

Hands-on protocols

History and development of Reiki

Clearing, centering and ground methods

Basic guidelines and methods of energy healing

Q&As from Reiki I manual

Sunday Morning

Introduction and practice of Reiki II attunement

Walk through Reiki II class agenda

Introduction of symbolic language concept

Review three primary symbols

Secondary symbols discussed

Reprogramming script writing

Distant sending

Q&As from Reiki II manual

Homework discussion

Sunday Afternoon

Introduction and practice of Reiki III attunement

Walk through Reiki III class agenda

Homework discussion

Practice sessions

Outcomes

Upon successful completion of this training a participant will be able to:

- Perform specific breathing/energy patterns as used in Reiki attunements
- Attune others to three levels of Reiki
- Identify and discuss the nine classical elements of the form of Reiki
- Identify and discuss the four classical aspect of the form of Reiki
- Identify and impart the classical elements of Reiki I, II and III training agendas

Prerequisites

Previously attended Reiki I and II trainings (any lineage)

Integrated material from previous trainings

Ability to confidently employ primary Reiki II symbols

Recommendations

Review information and techniques included in Reiki I and II manuals

Six months of active experience employing Reiki I and II techniques with self and others

The preceding schedule outlines materials to be covered and their approximate order.

Please plan to arrive 15 minutes prior to the scheduled starting time to allow the opportunity to get settled.

Feel free to pack light snacks, refreshments or lunch to enjoy on breaks.

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